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Center of Light Radio

Guest: Brian Hardin

1
00:00:29,220 --> 00:00:14,900
[Music]

2
00:00:44,830 --> 00:00:29,230
[Applause]

3
00:00:44,840 --> 00:01:04,060
[Music]

4
00:01:08,870 --> 00:01:06,499
welcome to the center of light radio

5
00:01:11,300 --> 00:01:08,880
with spiritual teacher intuitive

6
00:01:13,880 --> 00:01:11,310
musician composer and best-selling

7
00:01:16,100 --> 00:01:13,890
author of the Divine Principle anchoring

8
00:01:18,649 --> 00:01:16,110
heaven on earth your host Keith

9
00:01:19,760 --> 00:01:18,659
Anthony Blanchard coast-to-coast pulled

10
00:01:20,810 --> 00:01:19,770
a poll all around the world on the

11
00:01:22,580 --> 00:01:20,820
internet thanks to the Marvel of

12
00:01:24,289 --> 00:01:22,590
Technology I'm coming at you live on the

13
00:01:25,910 --> 00:01:24,299

inception radio network this is Keith

14

00:01:27,770 --> 00:01:25,920

Anthony Blanchard and you're listening

15

00:01:30,800 --> 00:01:27,780

to centre of light radio sort of divine

16

00:01:33,520 --> 00:01:30,810

unfoldment and reinforcement radio for

17

00:01:36,230 --> 00:01:33,530

the soul and the transformation station

18

00:01:37,999 --> 00:01:36,240

rpm recognize plug in and manifest all

19

00:01:41,029 --> 00:01:38,009

your spiritual seek and ready to move

20

00:01:43,010 --> 00:01:41,039

forward in your life dear lord knows I'm

21

00:01:44,930 --> 00:01:43,020

ready to expand every possible way I can

22

00:01:46,219 --> 00:01:44,940

any opportunity I can if you're wanting

23

00:01:48,529 --> 00:01:46,229

this shift from struggling to feeling

24

00:01:50,480 --> 00:01:48,539

that life is effortless send me an email

25

00:01:53,120 --> 00:01:50,490

for to book a free session that Keith

26

00:01:54,859 --> 00:01:53,130

Anthony Blanchard at gmail.com titled

27

00:01:57,529 --> 00:01:54,869

that email free session I'll give you 30

28

00:02:00,320 --> 00:01:57,539

minutes 45 minute long it takes to help

29

00:02:01,760 --> 00:02:00,330

you move further into your blissful life

30

00:02:03,169 --> 00:02:01,770

that what you designed that what you

31

00:02:04,340 --> 00:02:03,179

deserve and we can maybe look at

32

00:02:06,020 --> 00:02:04,350

something that you wanting to move

33

00:02:07,789 --> 00:02:06,030

through something you wanted to bring

34

00:02:09,680 --> 00:02:07,799

more of into your life and you realize

35

00:02:11,509 --> 00:02:09,690

that you are the fertile ground that

36

00:02:14,060 --> 00:02:11,519

brings that into your experience I'll be

37

00:02:15,289 --> 00:02:14,070

I'm the guy I'm the guy to and you know

38

00:02:16,940 --> 00:02:15,299

if things get a little stubborn

39

00:02:18,500 --> 00:02:16,950

I'm also the god that will push you off

40

00:02:19,880 --> 00:02:18,510

the cliff so you can bet on that so if

41

00:02:22,940 --> 00:02:19,890

you're serious about your transformation

42

00:02:24,920 --> 00:02:22,950

and your expansion send me that email at

43

00:02:27,319 --> 00:02:24,930

Keith Anthony blanchett at gmail.com and

44

00:02:29,449 --> 00:02:27,329

say Keith I want my free session I'll

45

00:02:32,330 --> 00:02:29,459

show you how to move into the RPM

46

00:02:34,490 --> 00:02:32,340

program recognizing what Spirit is how

47

00:02:35,840 --> 00:02:34,500

to plug into that and then god things

48

00:02:38,509 --> 00:02:35,850

get really really easy in the

49

00:02:40,340 --> 00:02:38,519

manifesting process if you have been a

50

00:02:42,229 --> 00:02:40,350

sinner of light radio follow for a while

51
00:02:45,110 --> 00:02:42,239
you know that I spend most of my time

52
00:02:48,410 --> 00:02:45,120
creating things there's a sign-up form

53
00:02:49,460 --> 00:02:48,420
on the opening page you will see if you

54
00:02:51,080 --> 00:02:49,470
fill that out I have a newsletter

55
00:02:52,460 --> 00:02:51,090
program that's about to be instance with

56
00:02:54,259 --> 00:02:52,470
the new year and by the way welcome back

57
00:02:56,690 --> 00:02:54,269
it's been a couple of three weeks since

58
00:02:58,309 --> 00:02:56,700
I've done a live broadcast in them I'm

59
00:02:59,960 --> 00:02:58,319
just excited to be back especially with

60
00:03:02,900 --> 00:02:59,970
my guest we'll get to that shortly

61
00:03:05,630 --> 00:03:02,910
fill out that subscription form you know

62
00:03:07,340 --> 00:03:05,640
in bundles via email you will begin to

63
00:03:11,050 --> 00:03:07,350

receive all look check us out all of my

64

00:03:13,460 --> 00:03:11,060

creations for free I woke up one morning

65

00:03:15,970 --> 00:03:13,470

spirit spoke to me loud and clear saying

66

00:03:18,089 --> 00:03:15,980

Keith you don't own it you

67

00:03:21,670 --> 00:03:18,099

have a right to hoard it give it away

68

00:03:22,780 --> 00:03:21,680

sign up that form and begin a chain link

69

00:03:26,199 --> 00:03:22,790

of events you will begin to receive

70

00:03:27,940 --> 00:03:26,209

stuff and bundles and bundles also that

71

00:03:29,380 --> 00:03:27,950

Rev moving Ferrari that settles on the

72

00:03:31,690 --> 00:03:29,390

opening page of center of light radio

73

00:03:33,190 --> 00:03:31,700

calm it'll take you to my rpm

74

00:03:35,050 --> 00:03:33,200

programming to tell you what you get and

75

00:03:39,089 --> 00:03:35,060

what you will create so make sure you

76

00:03:41,020 --> 00:03:39,099

check that out also let's see any new

77

00:03:42,339 --> 00:03:41,030

announcements just trying to get back

78

00:03:43,839 --> 00:03:42,349

into my groove it's been a while I say

79

00:03:44,890 --> 00:03:43,849

we just put that aside for now let's get

80

00:03:47,710 --> 00:03:44,900

down to the center of light radio

81

00:03:50,020 --> 00:03:47,720

business tonight my guest is mr. Brian D

82

00:03:53,020 --> 00:03:50,030

Hardin and we're gonna be talking about

83

00:03:55,140 --> 00:03:53,030

feature hacking Brian will talk about

84

00:03:58,990 --> 00:03:55,150

personal and social solutions for our

85

00:04:01,000 --> 00:03:59,000

evolving world Brian says I'm addicted

86

00:04:04,990 --> 00:04:01,010

to thought and addicted to creativity

87

00:04:08,559 --> 00:04:05,000

that's why he and I works together

88

00:04:10,089 --> 00:04:08,569

I am always making something studying

89

00:04:12,210 --> 00:04:10,099

something are playing something I

90

00:04:15,280 --> 00:04:12,220

believe that imagination is more

91

00:04:17,770 --> 00:04:15,290

important than knowledge I try to play

92

00:04:20,259 --> 00:04:17,780

more than I think I follow my intuition

93

00:04:23,469 --> 00:04:20,269

my heart turn off the judgment including

94

00:04:25,870 --> 00:04:23,479

judging myself I'm even I've been

95

00:04:28,870 --> 00:04:25,880

blessed to be able to meditate and be in

96

00:04:30,430 --> 00:04:28,880

ceremony with many great elder leaders

97

00:04:31,960 --> 00:04:30,440

and he has a list of many different

98

00:04:34,839 --> 00:04:31,970

tribes and some of my camp announced

99

00:04:36,700 --> 00:04:34,849

let's just say many upon many I am

100

00:04:38,650 --> 00:04:36,710

focused upon sharing messages of hope

101
00:04:41,860 --> 00:04:38,660
and understanding to the world I am

102
00:04:44,469 --> 00:04:41,870
obsessed with creating great projects

103
00:04:46,450 --> 00:04:44,479
and sharing a clear explanation of what

104
00:04:50,320 --> 00:04:46,460
changes are happening to humanity and

105
00:04:52,690 --> 00:04:50,330
how we are all unifying and I see it how

106
00:04:55,089 --> 00:04:52,700
we are all unifying and collectively

107
00:04:56,950 --> 00:04:55,099
raising and shifting our consciousness

108
00:04:58,390 --> 00:04:56,960
there are two websites you can visit to

109
00:05:02,230 --> 00:04:58,400
find more about my guest tonight mr.

110
00:05:06,790 --> 00:05:02,240
Brian Horton one of them is WWE's comm

111
00:05:11,200 --> 00:05:06,800
new meaning K in ewas comm and also a

112
00:05:14,080 --> 00:05:11,210
triple w dot Brian D Hardin comm welcome

113
00:05:17,589 --> 00:05:14,090

center of light radio yet again my bro

114

00:05:21,040 --> 00:05:17,599

either hi there and how was your gig

115

00:05:23,379 --> 00:05:21,050

last night it was good man I love

116

00:05:25,120 --> 00:05:23,389

sitting gigs getting a phone call out of

117

00:05:26,500 --> 00:05:25,130

nowhere saying hey man you know we need

118

00:05:28,060 --> 00:05:26,510

a sit-in bass player would you do it I

119

00:05:29,410 --> 00:05:28,070

said what kind of stuff are we doing you

120

00:05:31,180 --> 00:05:29,420

say classics and they'll say

121

00:05:32,830 --> 00:05:31,190

do you need a rehearsal said nah let's

122

00:05:35,980 --> 00:05:32,840

just get in there and do it and I like

123

00:05:38,440 --> 00:05:35,990

being in that position of not knowing

124

00:05:41,500 --> 00:05:38,450

exactly what's gonna happen and being

125

00:05:43,330 --> 00:05:41,510

able to pull it off and have it come

126
00:05:44,940 --> 00:05:43,340
through really really cool meet some new

127
00:05:48,250 --> 00:05:44,950
cats that I've never played with before

128
00:05:52,240 --> 00:05:48,260
just makes things really fun did does

129
00:05:56,380 --> 00:05:52,250
that get you in a good place for your

130
00:05:58,450 --> 00:05:56,390
talk that you do live every every Sunday

131
00:05:59,200 --> 00:05:58,460
night right after that does that get you

132
00:06:01,240 --> 00:05:59,210
in a good place

133
00:06:02,800 --> 00:06:01,250
yeah it opens me up and you know

134
00:06:05,050 --> 00:06:02,810
sometimes when I do my burst of light

135
00:06:06,910 --> 00:06:05,060
life listening on aids I do live feeds

136
00:06:08,590 --> 00:06:06,920
often so find me on Keith Anthony

137
00:06:10,960 --> 00:06:08,600
Blanchett on Facebook to be a part of

138
00:06:12,820 --> 00:06:10,970

that but it the doors already open

139

00:06:15,900 --> 00:06:12,830

instead of me going through 10 or 15

140

00:06:18,430 --> 00:06:15,910

minutes of the dialog in the live feed

141

00:06:20,350 --> 00:06:18,440

doing the musical gate for four hours I

142

00:06:22,690 --> 00:06:20,360

come home I'm busted wide open and ready

143

00:06:25,360 --> 00:06:22,700

just to shift and just get right at it

144

00:06:28,290 --> 00:06:25,370

so the reason all that's important to me

145

00:06:31,390 --> 00:06:28,300

to bring up is you're living life

146

00:06:33,370 --> 00:06:31,400

creatively and most people don't know

147

00:06:35,500 --> 00:06:33,380

how to live life creative lilia they

148

00:06:37,540 --> 00:06:35,510

don't open themselves up to being

149

00:06:41,020 --> 00:06:37,550

creative with their music or their art

150

00:06:43,840 --> 00:06:41,030

or their the way they drive or the way

151
00:06:45,820 --> 00:06:43,850
they speak or connect to people and you

152
00:06:52,900 --> 00:06:45,830
you try to bring that theme throughout

153
00:06:55,210 --> 00:06:52,910
all of your life don't you I mean I

154
00:06:58,590 --> 00:06:55,220
cannot turn it off it's everything I do

155
00:07:00,820 --> 00:06:58,600
I I have a fire lit under my ass and

156
00:07:06,220 --> 00:07:00,830
there's no way I can snuff it out even

157
00:07:08,440 --> 00:07:06,230
if I try perfect well so when when you

158
00:07:10,570 --> 00:07:08,450
and I spoke last night I said I wanted

159
00:07:12,250 --> 00:07:10,580
to kind of jam today and I want to ask

160
00:07:16,090 --> 00:07:12,260
you just as many many questions as you

161
00:07:20,770 --> 00:07:16,100
asked me and so let's ask the viewers -

162
00:07:22,240 --> 00:07:20,780
I love it by the way what is your

163
00:07:25,030 --> 00:07:22,250

purpose in life because this is the new

164

00:07:26,860 --> 00:07:25,040

year and so let's talk about purpose in

165

00:07:29,140 --> 00:07:26,870

life not only for you but for everybody

166

00:07:31,390 --> 00:07:29,150

on the planet what did you you know

167

00:07:34,990 --> 00:07:31,400

everybody typically has a common purpose

168

00:07:37,300 --> 00:07:35,000

that everybody actually has do you

169

00:07:38,590 --> 00:07:37,310

believe that absolutely emphatically and

170

00:07:40,720 --> 00:07:38,600

it's a matter of whether those are

171

00:07:43,119 --> 00:07:40,730

engaged and in touch and implementing

172

00:07:45,010 --> 00:07:43,129

that in their life or not well

173

00:07:47,409 --> 00:07:45,020

you talk about it I think with with some

174

00:07:49,629 --> 00:07:47,419

of the Ferrari comments and you and I

175

00:07:51,399 --> 00:07:49,639

have talked about it I think years ago I

176

00:07:53,859 --> 00:07:51,409

don't know if it was live on the radio

177

00:07:55,329 --> 00:07:53,869

but it was basically if you ask someone

178

00:07:57,909 --> 00:07:55,339

what's your what's your purpose in life

179

00:08:00,790 --> 00:07:57,919

and they say oh I want a big company or

180

00:08:04,149 --> 00:08:00,800

I want to be the CEO or I want to I want

181

00:08:06,459 --> 00:08:04,159

to make an album that goes gold or I

182

00:08:09,159 --> 00:08:06,469

want and you keep asking them why do you

183

00:08:11,409 --> 00:08:09,169

want that and what's what's the purpose

184

00:08:12,699 --> 00:08:11,419

behind that and they keep asking them

185

00:08:15,359 --> 00:08:12,709

and asking I'm gonna ask him eventually

186

00:08:18,659 --> 00:08:15,369

it's that the last answer will be

187

00:08:21,129 --> 00:08:18,669

because it makes me happy right

188

00:08:24,279 --> 00:08:21,139

absolutely and it sounds like to me

189

00:08:26,739 --> 00:08:24,289

doing that list that two-column list of

190

00:08:30,239 --> 00:08:26,749

getting clear so you have a list that

191

00:08:32,889 --> 00:08:30,249

says bullet point number one I want

192

00:08:34,870 --> 00:08:32,899

peace then the second one bullet point

193

00:08:37,179 --> 00:08:34,880

is I want a car and the second one is I

194

00:08:39,519 --> 00:08:37,189

want a loving relationship so you go

195

00:08:41,259 --> 00:08:39,529

through the entire process and then you

196

00:08:42,699 --> 00:08:41,269

begin to go backwards you begin to

197

00:08:45,460 --> 00:08:42,709

scratch off those things that are really

198

00:08:47,199 --> 00:08:45,470

not important and eventually you lead up

199

00:08:49,660 --> 00:08:47,209

right to the first bullet point which is

200

00:08:52,480 --> 00:08:49,670

peace because with under the umbrella of

201
00:08:54,129 --> 00:08:52,490
peace is inherent inherent is everything

202
00:08:56,050 --> 00:08:54,139
that you've asked for through the rest

203
00:08:57,939 --> 00:08:56,060
of the list but it took you to go

204
00:09:00,309 --> 00:08:57,949
through the entire list to get the

205
00:09:02,259 --> 00:09:00,319
realization the integration effect that

206
00:09:04,629 --> 00:09:02,269
really all you want is peace because

207
00:09:08,530 --> 00:09:04,639
under the peace umbrella because all of

208
00:09:10,840 --> 00:09:08,540
it yes love it you what you want so

209
00:09:14,410 --> 00:09:10,850
everybody's seeking joy in their own way

210
00:09:19,480 --> 00:09:14,420
they're seeking some level joy I also

211
00:09:23,160 --> 00:09:19,490
see some level of freedom and some level

212
00:09:26,710 --> 00:09:23,170
level of appreciation so the purpose and

213
00:09:28,900 --> 00:09:26,720

then seeking freedom and appreciation in

214

00:09:36,160 --> 00:09:28,910

in harmony do you agree with any of that

215

00:09:38,800 --> 00:09:36,170

oh did I lose your audio no you did not

216

00:09:41,050 --> 00:09:38,810

I have a habit of muting oh because I

217

00:09:48,069 --> 00:09:41,060

call I've been sick but no I told you

218

00:09:49,990 --> 00:09:48,079

absolutely perfect so so purpose finding

219

00:09:52,329 --> 00:09:50,000

your purpose and really watering it down

220

00:09:54,189 --> 00:09:52,339

I mean most people most people make

221

00:09:56,740 --> 00:09:54,199

these purpose that their purpose is so

222

00:10:00,700 --> 00:09:56,750

big that they never even tried out

223

00:10:03,880 --> 00:10:00,710

step forward into it so I make first my

224

00:10:06,700 --> 00:10:03,890

purpose of that last question which is

225

00:10:09,850 --> 00:10:06,710

joy and if I make joy the the first

226

00:10:12,610 --> 00:10:09,860

thing and not only joy for myself but

227

00:10:15,850 --> 00:10:12,620

bringing joy to others at some point I

228

00:10:19,990 --> 00:10:15,860

get my frequency happier and then my

229

00:10:22,630 --> 00:10:20,000

relationships are easier and then with

230

00:10:26,530 --> 00:10:22,640

that I gets better support I get better

231

00:10:27,970 --> 00:10:26,540

appreciation so here that is the

232

00:10:29,590 --> 00:10:27,980

beginning of the year everybody's making

233

00:10:31,990 --> 00:10:29,600

these New Year's resolutions

234

00:10:36,520 --> 00:10:32,000

I say resolution number one is follow

235

00:10:40,180 --> 00:10:36,530

your bliss you agree totally yeah what

236

00:10:42,400 --> 00:10:40,190

else is there and then spread that bliss

237

00:10:45,310 --> 00:10:42,410

share your laughter because everything's

238

00:10:48,400 --> 00:10:45,320

contagious so you know we we quite often

239

00:10:52,930 --> 00:10:48,410

do that hilarious thing which is you

240

00:10:56,440 --> 00:10:52,940

know here I'm gonna yawn but I bet you

241

00:10:59,200 --> 00:10:56,450

you're gonna yawn - but it's contagious

242

00:11:01,900 --> 00:10:59,210

if I laugh it's contagious you'll laugh

243

00:11:05,590 --> 00:11:01,910

if I'm full of anger and hate in fear

244

00:11:07,329 --> 00:11:05,600

it's contagious so what we really want

245

00:11:10,120 --> 00:11:07,339

what our purpose in life is

246

00:11:11,829 --> 00:11:10,130

eventually waters down to that joy why

247

00:11:14,620 --> 00:11:11,839

don't you just make the joy your thing

248

00:11:17,250 --> 00:11:14,630

and then you attract things you know

249

00:11:21,430 --> 00:11:17,260

they say it's it's actually a not a

250

00:11:23,770 --> 00:11:21,440

spiritual thing but it's also not only a

251

00:11:28,870 --> 00:11:23,780

spiritual thing but it's also a law of

252

00:11:32,350 --> 00:11:28,880

physics that that you it attracts you

253

00:11:33,730 --> 00:11:32,360

attract what you are and so if if you

254

00:11:35,710 --> 00:11:33,740

put your frequency that's your that's

255

00:11:38,770 --> 00:11:35,720

your Ferrari story you want to tell the

256

00:11:41,140 --> 00:11:38,780

for our story or synopsis there really

257

00:11:43,270 --> 00:11:41,150

is I don't have a particularly love to

258

00:11:46,240 --> 00:11:43,280

one day own a Ferrari I think it's a

259

00:11:48,040 --> 00:11:46,250

beautiful creature you know I use

260

00:11:50,620 --> 00:11:48,050

Ferrari because if you think about

261

00:11:52,660 --> 00:11:50,630

sitting in the seat or going to a lot

262

00:11:56,140 --> 00:11:52,670

that has such automobiles and you liken

263

00:11:59,470 --> 00:11:56,150

a Ferrari call you for a Ferrari is your

264

00:12:02,470 --> 00:11:59,480

spiritual passion and you think about

265

00:12:04,870 --> 00:12:02,480

what this car is then you sit your ass

266

00:12:06,520 --> 00:12:04,880

in that seat and you start it and it

267

00:12:09,400 --> 00:12:06,530

begins to purr under you and the power

268

00:12:09,960 --> 00:12:09,410

that it has it is beauty and it's a very

269

00:12:12,119 --> 00:12:09,970

fun

270

00:12:14,249 --> 00:12:12,129

tuned machine and if you liken that to

271

00:12:16,050 --> 00:12:14,259

yourself you know if you want to create

272

00:12:18,749 --> 00:12:16,060

something in your life let's say it's a

273

00:12:21,059 --> 00:12:18,759

Ferrari go down to the dealership that

274

00:12:22,800 --> 00:12:21,069

has such such automobiles on their lot

275

00:12:25,079 --> 00:12:22,810

and admire and appreciate it touch it

276

00:12:26,610 --> 00:12:25,089

sit in the seat ask if you can test

277

00:12:28,829 --> 00:12:26,620

drive it and when you make that

278

00:12:32,610 --> 00:12:28,839

experience real for yourself you are

279

00:12:35,009 --> 00:12:32,620

closer to bringing that automobile into

280

00:12:38,460 --> 00:12:35,019

your experience so the Ferrari for me is

281

00:12:41,639 --> 00:12:38,470

basically just a metaphor of tapping

282

00:12:46,350 --> 00:12:41,649

into your own internal power that's the

283

00:12:48,840 --> 00:12:46,360

trick for me is to feel the feeling and

284

00:12:50,970 --> 00:12:48,850

it's not the Ferrari that you're after

285

00:12:53,879 --> 00:12:50,980

it's the feeling you're feeling that the

286

00:12:56,939 --> 00:12:53,889

Ferrari brings you that's right so when

287

00:12:59,939 --> 00:12:56,949

I meditate now I actually meditate with

288

00:13:02,610 --> 00:12:59,949

the feeling I seek the feeling so my

289

00:13:05,309 --> 00:13:02,620

meditation starts with a smile and I and

290

00:13:08,699 --> 00:13:05,319

what happens is it unclench is my heart

291

00:13:10,319 --> 00:13:08,709

and it lets me start to breathe and then

292

00:13:13,710 --> 00:13:10,329

I realize oh what are you holding on to

293

00:13:15,210 --> 00:13:13,720

these crazy patterns they say that most

294

00:13:18,230 --> 00:13:15,220

people have I don't know something like

295

00:13:20,129 --> 00:13:18,240

a thousand thoughts a day and like

296

00:13:22,019 --> 00:13:20,139

seventy nine thousand nine hundred

297

00:13:24,600 --> 00:13:22,029

ninety three of them are the exact same

298

00:13:26,639 --> 00:13:24,610

ones as you had yesterday and we just

299

00:13:28,710 --> 00:13:26,649

keep repeating these patterns and that's

300

00:13:31,290 --> 00:13:28,720

called our programming and so you have

301
00:13:36,119 --> 00:13:31,300
to break the program break the mold and

302
00:13:37,949 --> 00:13:36,129
move forward back to YUM right to the

303
00:13:39,990 --> 00:13:37,959
good feeling it's all about the feeling

304
00:13:41,610 --> 00:13:40,000
you know and so then when you have the

305
00:13:43,470 --> 00:13:41,620
feeling when you have the young when you

306
00:13:45,240 --> 00:13:43,480
when you are then you can spread the

307
00:13:47,730 --> 00:13:45,250
feeling you can share the feeling and

308
00:13:50,939 --> 00:13:47,740
then you're much more useful they're

309
00:13:54,139 --> 00:13:50,949
more useful in your work in your

310
00:13:59,759 --> 00:13:54,149
relationships and your family and and in

311
00:14:01,139 --> 00:13:59,769
attracting support you know I love the

312
00:14:03,929 --> 00:14:01,149
two words that you use that you've

313
00:14:07,470 --> 00:14:03,939

chosen YUM or yuck we can say good or

314

00:14:10,860 --> 00:14:07,480

bad joyful and non joyful but those two

315

00:14:15,540 --> 00:14:10,870

right there it's they're so simple it

316

00:14:17,249 --> 00:14:15,550

takes any monkey mind and ideas out of

317

00:14:18,780 --> 00:14:17,259

it it's it's very very deliberate and

318

00:14:21,540 --> 00:14:18,790

it's very simplistic and it's very very

319

00:14:23,730 --> 00:14:21,550

clear either living in yum are you

320

00:14:26,530 --> 00:14:23,740

living in yuck

321

00:14:28,660 --> 00:14:26,540

so you know the yuck part of it really

322

00:14:30,460 --> 00:14:28,670

kind of paints a picture of muck and

323

00:14:32,110 --> 00:14:30,470

what are you willing to do to get out of

324

00:14:35,560 --> 00:14:32,120

that and get back to you original nature

325

00:14:38,710 --> 00:14:35,570

as you always say get back into YUM so

326

00:14:41,910 --> 00:14:38,720

with that let's do a little test with

327

00:14:44,439 --> 00:14:41,920

her with ourselves and our listeners

328

00:14:45,910 --> 00:14:44,449

think of something that makes you feel

329

00:14:47,590 --> 00:14:45,920

so good like you know eating a

330

00:14:52,540 --> 00:14:47,600

strawberry and all the sudden your mouth

331

00:14:54,430 --> 00:14:52,550

will start to water or some great thing

332

00:14:56,740 --> 00:14:54,440

that happened to you as a kid and you

333

00:14:59,139 --> 00:14:56,750

feel the sunshine on your face and the

334

00:15:01,139 --> 00:14:59,149

wind through your hair you feel that

335

00:15:03,370 --> 00:15:01,149

moment and when you're in that moment

336

00:15:05,889 --> 00:15:03,380

there's such a feeling your body

337

00:15:08,710 --> 00:15:05,899

actually releases endorphins and energy

338

00:15:11,259 --> 00:15:08,720

that that makes it healthy and heal

339

00:15:13,210 --> 00:15:11,269

right and the opposites true whenever

340

00:15:16,269 --> 00:15:13,220

you stay in that other pattern in

341

00:15:19,810 --> 00:15:16,279

creates dis-ease or uneasiness or

342

00:15:21,340 --> 00:15:19,820

emotional and easiness so if you focus

343

00:15:24,939 --> 00:15:21,350

on the young if you focus on something

344

00:15:27,490 --> 00:15:24,949

great then you're smiling and and so on

345

00:15:29,889 --> 00:15:27,500

you literally cannot think if you think

346

00:15:31,900 --> 00:15:29,899

if you genuinely get your energy right

347

00:15:33,819 --> 00:15:31,910

you can't think of the negative thing

348

00:15:36,490 --> 00:15:33,829

you can't think of the negative thought

349

00:15:40,829 --> 00:15:36,500

and so it actually puts up your shields

350

00:15:45,340 --> 00:15:40,839

to the negative dis-ease creating

351

00:15:49,900 --> 00:15:45,350

emotion and then you're back into it

352

00:15:52,660 --> 00:15:49,910

healing in an age in young it's easy

353

00:15:55,030 --> 00:15:52,670

right see Brian a lot of guests that

354

00:15:57,309 --> 00:15:55,040

I've interviewed we all share something

355

00:15:59,769 --> 00:15:57,319

in common we share this fire we share

356

00:16:01,540 --> 00:15:59,779

this joy it's something I'm gonna

357

00:16:03,160 --> 00:16:01,550

acknowledge you I mean looking at your

358

00:16:04,660 --> 00:16:03,170

posture looking at the look on your face

359

00:16:08,110 --> 00:16:04,670

the things that we're talking about the

360

00:16:09,850 --> 00:16:08,120

level that you emote your passion you

361

00:16:13,210 --> 00:16:09,860

know you and I are very much alike it's

362

00:16:16,269 --> 00:16:13,220

like have having done so much internal

363

00:16:20,769 --> 00:16:16,279

work or and shifting to different

364

00:16:22,720 --> 00:16:20,779

realizations it's like nothing bad can

365

00:16:24,819 --> 00:16:22,730

happen anymore and if something quote

366

00:16:27,759 --> 00:16:24,829

bad could happen something of the yuck

367

00:16:30,100 --> 00:16:27,769

factor it's just a level it that is

368

00:16:32,199 --> 00:16:30,110

we're no longer in that because the

369

00:16:34,840 --> 00:16:32,209

perception is shifted as such we no

370

00:16:36,970 --> 00:16:34,850

longer see things as bad or yuck or this

371

00:16:38,800 --> 00:16:36,980

or that we've relaxed and we have

372

00:16:40,870 --> 00:16:38,810

let go enough to take it all in to see

373

00:16:42,970 --> 00:16:40,880

it is a beautiful beautiful part of the

374

00:16:50,650 --> 00:16:42,980

human dynamic and dance is that how it

375

00:16:54,340 --> 00:16:50,660

feels for you oh yeah with the Dakota

376

00:16:55,900 --> 00:16:54,350

Indians they with the Dakota Indian say

377

00:16:58,800 --> 00:16:55,910

everything called whoopee-doo or will be

378

00:17:01,480 --> 00:16:58,810

Allah and it's about giving gratitude

379

00:17:05,380 --> 00:17:01,490

being thankful for what you really have

380

00:17:09,760 --> 00:17:05,390

and so when you're in that gratitude of

381

00:17:13,929 --> 00:17:09,770

giving grace and thank you you can't be

382

00:17:18,490 --> 00:17:13,939

full of the negative and so for me life

383

00:17:20,980 --> 00:17:18,500

is the choice of of staying positive I

384

00:17:24,720 --> 00:17:20,990

think it's actually even so much it with

385

00:17:27,850 --> 00:17:24,730

our creative thing create or destroy

386

00:17:31,980 --> 00:17:27,860

whenever I'm not being creative whenever

387

00:17:34,799 --> 00:17:31,990

I'm not sharing my joy and my passion

388

00:17:37,000 --> 00:17:34,809

generally I get self-destructive a

389

00:17:38,830 --> 00:17:37,010

self-destructive person loves Italy says

390

00:17:41,080 --> 00:17:38,840

that Robert Tennyson Stevens I

391

00:17:43,090 --> 00:17:41,090

interviewed him one night and he leveled

392

00:17:45,400 --> 00:17:43,100

me he said that any thought that you

393

00:17:49,650 --> 00:17:45,410

think is not the highest contains

394

00:17:53,500 --> 00:17:49,660

components of self-destruction exactly

395

00:17:56,320 --> 00:17:53,510

yeah because you start to fear fear is

396

00:17:59,169 --> 00:17:56,330

you know low energy and that'll that'll

397

00:18:02,380 --> 00:17:59,179

take your body and spin it in you know

398

00:18:04,299 --> 00:18:02,390

anxiety depression and so on and some of

399

00:18:06,880 --> 00:18:04,309

these things to get out of them I mean

400

00:18:09,400 --> 00:18:06,890

I've never really been depressed for

401
00:18:12,669 --> 00:18:09,410
more than a couple of weeks in my own

402
00:18:14,470 --> 00:18:12,679
life so I'm not really like I was never

403
00:18:15,400 --> 00:18:14,480
an alcoholic so I don't know how to help

404
00:18:16,870 --> 00:18:15,410
an alcoholic

405
00:18:19,480 --> 00:18:16,880
I was never depressed so I don't know

406
00:18:21,490 --> 00:18:19,490
how to help the depressed person as well

407
00:18:25,539 --> 00:18:21,500
as someone who's actually been there and

408
00:18:28,419 --> 00:18:25,549
dug themselves out and so I'm open to

409
00:18:31,600 --> 00:18:28,429
learning techniques to help people that

410
00:18:35,710 --> 00:18:31,610
are down in the dumps my techniques

411
00:18:38,980 --> 00:18:35,720
actually once you get up keep me up you

412
00:18:41,440 --> 00:18:38,990
know I try I'm more of a butterfly you

413
00:18:43,600 --> 00:18:41,450

know but at some point I guess I did go

414

00:18:45,340 --> 00:18:43,610

through a cocoon you know but I I'm not

415

00:18:47,740 --> 00:18:45,350

good at digging myself out of the cocoon

416

00:18:48,760 --> 00:18:47,750

you know have you have you ever dug

417

00:18:50,890 --> 00:18:48,770

yourself out of a cocoon

418

00:18:52,960 --> 00:18:50,900

it took me too

419

00:18:54,820 --> 00:18:52,970

years of dark night of the soul but one

420

00:18:56,140 --> 00:18:54,830

day I woke up and said that's enough of

421

00:18:58,720 --> 00:18:56,150

this that's enough

422

00:18:59,860 --> 00:18:58,730

and I did tell myself that the week

423

00:19:02,140 --> 00:18:59,870

before and the week before and the week

424

00:19:04,420 --> 00:19:02,150

before but there was one morning I woke

425

00:19:07,540 --> 00:19:04,430

up with fangs shift and I said that's it

426

00:19:09,940 --> 00:19:07,550

that's and from that I got out of the

427

00:19:11,560 --> 00:19:09,950

box the box opened and I wasn't

428

00:19:14,920 --> 00:19:11,570

satisfied with the box just being opened

429

00:19:16,450 --> 00:19:14,930

I climbed out of it and realized that I

430

00:19:18,190 --> 00:19:16,460

never had to be in there in the first

431

00:19:19,690 --> 00:19:18,200

place and I really think that's when

432

00:19:22,240 --> 00:19:19,700

everything began to shift for me and

433

00:19:25,180 --> 00:19:22,250

amalgamate you such a way that there's

434

00:19:28,030 --> 00:19:25,190

no way to unlearn what the choice that I

435

00:19:30,630 --> 00:19:28,040

made is just there was just no way isn't

436

00:19:34,660 --> 00:19:30,640

it fantastic that sometimes the

437

00:19:39,880 --> 00:19:34,670

breakthrough only comes when you finally

438

00:19:42,130 --> 00:19:39,890

break down you know whenever the

439

00:19:45,340 --> 00:19:42,140

breakdown leads to the breakthrough and

440

00:19:48,010 --> 00:19:45,350

the in you know the term sick and tired

441

00:19:50,680 --> 00:19:48,020

you know it's when you finally are sick

442

00:19:53,140 --> 00:19:50,690

and tired of being sick and tired

443

00:19:55,180 --> 00:19:53,150

you were like you were down down down

444

00:19:57,760 --> 00:19:55,190

you were finally done there was nowhere

445

00:20:01,420 --> 00:19:57,770

else to go you were you had already gone

446

00:20:02,740 --> 00:20:01,430

to the end of the cul-de-sac and you

447

00:20:06,000 --> 00:20:02,750

might as well turn around and go back

448

00:20:08,080 --> 00:20:06,010

towards the sunshine again right so

449

00:20:11,950 --> 00:20:08,090

Brian the other night I did a burst of

450

00:20:13,680 --> 00:20:11,960

light live titled what other people

451
00:20:19,150 --> 00:20:13,690
think about you is none of your business

452
00:20:21,520 --> 00:20:19,160
right and lit and I had no notes and

453
00:20:22,060 --> 00:20:21,530
this was not rehearsed and I was just

454
00:20:24,490 --> 00:20:22,070
going at it

455
00:20:26,440 --> 00:20:24,500
off-the-cuff and what I would dawned

456
00:20:29,290 --> 00:20:26,450
upon me as I was doing this burst of

457
00:20:32,170 --> 00:20:29,300
light live is that worrying about what

458
00:20:35,380 --> 00:20:32,180
people think about you has everything to

459
00:20:39,010 --> 00:20:35,390
do with self judgment and so what we do

460
00:20:40,360 --> 00:20:39,020
is we project our selves our crap on the

461
00:20:41,560 --> 00:20:40,370
others because I don't want to own it I

462
00:20:43,900 --> 00:20:41,570
don't want to own that I'm beating

463
00:20:45,940 --> 00:20:43,910

beating myself up or just someone else

464

00:20:48,820 --> 00:20:45,950

wondering if that they're thinking this

465

00:20:50,770 --> 00:20:48,830

thing about me one is what they think

466

00:20:52,660 --> 00:20:50,780

about you is none of your business the

467

00:20:55,000 --> 00:20:52,670

other the other part of that would be if

468

00:20:56,410 --> 00:20:55,010

you have a concern that someone else is

469

00:20:59,320 --> 00:20:56,420

thinking something thinking thoughts

470

00:21:01,300 --> 00:20:59,330

about you and I'm not so good like could

471

00:21:03,340 --> 00:21:01,310

be your conscience speaking to you

472

00:21:04,810 --> 00:21:03,350

saying that well you did receive and

473

00:21:07,060 --> 00:21:04,820

make a poor choice and you should

474

00:21:09,340 --> 00:21:07,070

we consider ever doing that again but

475

00:21:11,680 --> 00:21:09,350

it's all about judgment wondering what

476

00:21:13,539 --> 00:21:11,690

people think that keeps us in fact if

477

00:21:15,580 --> 00:21:13,549

you are living in your life in the

478

00:21:18,210 --> 00:21:15,590

modality of worrying what others think

479

00:21:21,039 --> 00:21:18,220

about you to any level about anything

480

00:21:29,860 --> 00:21:21,049

you are choking the life out of you

481

00:21:32,440 --> 00:21:29,870

your your slave yes well I wonder I

482

00:21:33,909 --> 00:21:32,450

wonder about that program you know we

483

00:21:36,999 --> 00:21:33,919

talked about programming again our

484

00:21:38,799 --> 00:21:37,009

thoughts the same thoughts every day you

485

00:21:40,149 --> 00:21:38,809

know or similar and we keep that's the

486

00:21:42,909 --> 00:21:40,159

pattern that's our that's what we're

487

00:21:45,310 --> 00:21:42,919

feeding ourselves that program so when

488

00:21:47,950 --> 00:21:45,320

you start allowing for the other

489

00:21:50,590 --> 00:21:47,960

judgment of yourself either your self

490

00:21:53,950 --> 00:21:50,600

judgment or the judgment from outside

491

00:21:56,139 --> 00:21:53,960

yourself to matter then you're you're

492

00:21:58,810 --> 00:21:56,149

allowing some external program to

493

00:21:59,230 --> 00:21:58,820

program you so obviously it's your

494

00:22:02,139 --> 00:21:59,240

choice

495

00:22:04,299 --> 00:22:02,149

yummy yuck if the program is working for

496

00:22:06,279 --> 00:22:04,309

you great if it's not working for you

497

00:22:08,799 --> 00:22:06,289

change something get sick and tired of

498

00:22:10,509 --> 00:22:08,809

it get more sick more tired and then

499

00:22:12,669 --> 00:22:10,519

finally you'll go oh I need some more

500

00:22:17,350 --> 00:22:12,679

yum in my life I need some more change

501
00:22:18,639 --> 00:22:17,360
so I can't instance that insanity is

502
00:22:20,590 --> 00:22:18,649
repeating the same thing over and over

503
00:22:23,889 --> 00:22:20,600
again expecting a different result so

504
00:22:26,200 --> 00:22:23,899
obviously we we program ourselves with

505
00:22:28,480 --> 00:22:26,210
I'm not good enough I'm not fast enough

506
00:22:31,269 --> 00:22:28,490
I'm not thin enough or young enough or

507
00:22:33,399 --> 00:22:31,279
tall enough or whatever it is and then

508
00:22:35,980 --> 00:22:33,409
you're not enough and then you know you

509
00:22:39,340 --> 00:22:35,990
you speak about this all the time god I

510
00:22:42,700 --> 00:22:39,350
am whatever you put behind the word I am

511
00:22:45,789 --> 00:22:42,710
that's what you are and so I am happy I

512
00:22:49,450 --> 00:22:45,799
am Alive I am joyful I am thin I am

513
00:22:51,940 --> 00:22:49,460

enough I am enough I am enough and at

514

00:22:53,499 --> 00:22:51,950

some point so yeah this this New Year's

515

00:22:56,019 --> 00:22:53,509

you know the New Year's resolution

516

00:22:58,360 --> 00:22:56,029

should be to start feeding yourself the

517

00:23:01,029 --> 00:22:58,370

right programming to say I am enough I

518

00:23:03,220 --> 00:23:01,039

am beautiful I am talented I'm gorgeous

519

00:23:07,480 --> 00:23:03,230

because everybody I mean if you really

520

00:23:09,960 --> 00:23:07,490

look at the whole world there's room for

521

00:23:14,200 --> 00:23:09,970

everybody's talent ingenious in

522

00:23:16,090 --> 00:23:14,210

brilliance and I mean some people their

523

00:23:17,950 --> 00:23:16,100

genius is to take care of animals or

524

00:23:18,760 --> 00:23:17,960

take care of children and that's our

525

00:23:21,340 --> 00:23:18,770

genius

526

00:23:23,530 --> 00:23:21,350

in a CEO couldn't even get close to that

527

00:23:25,540 --> 00:23:23,540

you know and they're the ones that

528

00:23:28,420 --> 00:23:25,550

should be paid a billion dollars a year

529

00:23:31,150 --> 00:23:28,430

you know so you know anyway it's it's

530

00:23:33,430 --> 00:23:31,160

but they get maybe they get the billion

531

00:23:35,860 --> 00:23:33,440

dollars in appreciation hopefully and

532

00:23:38,650 --> 00:23:35,870

that's in the joy of doing it you know

533

00:23:40,330 --> 00:23:38,660

but so all of us have their own genius

534

00:23:44,730 --> 00:23:40,340

and also our own idiots

535

00:23:47,050 --> 00:23:44,740

I mean no you know we're all we're all

536

00:23:51,070 --> 00:23:47,060

dysfunctional in our own ways right

537

00:23:54,190 --> 00:23:51,080

beautiful ways yeah Brian would you say

538

00:23:56,920 --> 00:23:54,200

that 2018 is well we should have done

539

00:23:58,210 --> 00:23:56,930

this long ago but you know last night

540

00:24:00,220 --> 00:23:58,220

and my live feed thank you for showing

541

00:24:04,000 --> 00:24:00,230

up to that I had mentioned something

542

00:24:05,560 --> 00:24:04,010

that people say well a New Year's not

543

00:24:08,290 --> 00:24:05,570

really that big deal because five

544

00:24:09,490 --> 00:24:08,300

minutes before 2018 actually happened

545

00:24:11,050 --> 00:24:09,500

and in five minutes out there's really

546

00:24:13,150 --> 00:24:11,060

not a big deal well I care to differ

547

00:24:16,510 --> 00:24:13,160

because if you have a mass consciousness

548

00:24:18,610 --> 00:24:16,520

of people who are believing the idea

549

00:24:21,160 --> 00:24:18,620

that something has ended and something

550

00:24:22,660 --> 00:24:21,170

new has begun then obviously we're

551
00:24:24,880 --> 00:24:22,670
supplicating to universe that we're

552
00:24:27,220 --> 00:24:24,890
wanting something new in in that

553
00:24:30,370 --> 00:24:27,230
response that we that reflection that we

554
00:24:33,430 --> 00:24:30,380
get back 2018 are we getting closer to

555
00:24:35,500 --> 00:24:33,440
2020 we're getting more and more into

556
00:24:39,490 --> 00:24:35,510
the future future hacking the title of

557
00:24:41,350 --> 00:24:39,500
this broadcast so now that we're things

558
00:24:42,130 --> 00:24:41,360
are being disclosed cosmic disclosures

559
00:24:44,350 --> 00:24:42,140
for us you know

560
00:24:46,270 --> 00:24:44,360
extraterrestrial but even so we look in

561
00:24:47,950 --> 00:24:46,280
the political arena all that's happening

562
00:24:50,200 --> 00:24:47,960
there look into the Terrorism arena all

563
00:24:52,510 --> 00:24:50,210

that's nothing they're a long time ago

564

00:24:53,320 --> 00:24:52,520

recently in a few years ago Ebola was a

565

00:24:55,840 --> 00:24:53,330

big deal

566

00:24:57,640 --> 00:24:55,850

now it's obsolete terrorism was that

567

00:25:00,700 --> 00:24:57,650

Isis was a big deal now it's obsolete

568

00:25:02,650 --> 00:25:00,710

this was a big deal now it's obsolete so

569

00:25:07,060 --> 00:25:02,660

now we moving into this place that we

570

00:25:09,910 --> 00:25:07,070

call 2018 do you support or echo the

571

00:25:12,640 --> 00:25:09,920

idea that it's really time that we start

572

00:25:14,290 --> 00:25:12,650

getting our spiritual or emotional stuff

573

00:25:17,050 --> 00:25:14,300

together and balanced and write

574

00:25:19,600 --> 00:25:17,060

ourselves because if not the monster

575

00:25:22,510 --> 00:25:19,610

that can be created from that it can be

576

00:25:24,790 --> 00:25:22,520

so big that your life will turn over and

577

00:25:26,980 --> 00:25:24,800

they may not be a way to balance that

578

00:25:29,620 --> 00:25:26,990

and you can literally possibly check

579

00:25:33,780 --> 00:25:29,630

yourself off this planet oh yeah

580

00:25:36,910 --> 00:25:33,790

here check this out our recent history

581

00:25:38,470 --> 00:25:36,920

humanity was chopping wood and carrying

582

00:25:40,480 --> 00:25:38,480

water for you know I don't know a

583

00:25:43,840 --> 00:25:40,490

thousands and thousands of years right

584

00:25:46,060 --> 00:25:43,850

and then finally we had this Industrial

585

00:25:49,360 --> 00:25:46,070

Revolution and now remember we've got

586

00:25:51,970 --> 00:25:49,370

things the body the mind the spirit we

587

00:25:54,610 --> 00:25:51,980

have three pieces of our whole that

588

00:25:56,980 --> 00:25:54,620

makes us holy or complete so the

589

00:25:59,590 --> 00:25:56,990

physical thing was the Industrial

590

00:26:04,030 --> 00:25:59,600

Revolution we suddenly started to get

591

00:26:07,920 --> 00:26:04,040

trains and steam steam engine trains and

592

00:26:10,840 --> 00:26:07,930

then we eventually got a telephone and

593

00:26:13,180 --> 00:26:10,850

television and electricity we discovered

594

00:26:15,550 --> 00:26:13,190

electricity that was only about 120 or

595

00:26:18,940 --> 00:26:15,560

130 years ago that wasn't that long ago

596

00:26:21,550 --> 00:26:18,950

in the course of humanity so we had this

597

00:26:25,060 --> 00:26:21,560

Industrial Revolution and that that was

598

00:26:26,920 --> 00:26:25,070

the physical stuff body and now we've

599

00:26:31,300 --> 00:26:26,930

had a mental revolution of the

600

00:26:33,340 --> 00:26:31,310

Information Age of all the wealth see

601
00:26:35,230 --> 00:26:33,350
television and radio and so on came

602
00:26:38,460 --> 00:26:35,240
earlier but what we really have is the

603
00:26:41,140 --> 00:26:38,470
Internet I remember being a child in

604
00:26:43,900 --> 00:26:41,150
high school and I was dreaming about

605
00:26:45,670 --> 00:26:43,910
this little black box that you could ask

606
00:26:47,950 --> 00:26:45,680
it a question and it would just tell you

607
00:26:49,930 --> 00:26:47,960
the answer and now everybody's got one

608
00:26:51,880 --> 00:26:49,940
and we're all addicted to it or in our

609
00:26:53,800 --> 00:26:51,890
own weird way but that's the Information

610
00:26:56,950 --> 00:26:53,810
Age you can find out any bit of

611
00:26:58,990 --> 00:26:56,960
information you need instantly now and

612
00:27:01,180 --> 00:26:59,000
so we've had the physical revolution

613
00:27:03,220 --> 00:27:01,190

body we've had the mental revolution

614

00:27:06,610 --> 00:27:03,230

mind now

615

00:27:08,380 --> 00:27:06,620

what's left to make us whole is our

616

00:27:10,570 --> 00:27:08,390

spiritual revolution and the spiritual

617

00:27:12,430 --> 00:27:10,580

revolution is hard to define in

618

00:27:14,650 --> 00:27:12,440

Christianity to talk about Oh

619

00:27:17,020 --> 00:27:14,660

the Father the Son and the Holy Spirit

620

00:27:18,940 --> 00:27:17,030

well the father's like the mind the sons

621

00:27:20,890 --> 00:27:18,950

Jesus or the body and then the Holy

622

00:27:22,630 --> 00:27:20,900

Spirit's this other thing and if you if

623

00:27:24,700 --> 00:27:22,640

you go to church much most churches

624

00:27:27,880 --> 00:27:24,710

don't speak about the Holy Spirit very

625

00:27:30,220 --> 00:27:27,890

much because it's hard to define and in

626

00:27:32,170 --> 00:27:30,230

we know what the body is it's right here

627

00:27:35,080 --> 00:27:32,180

in the moment it's right here in its

628

00:27:37,420 --> 00:27:35,090

foul owl or I'm warm or I'm cold or

629

00:27:39,820 --> 00:27:37,430

whatever it's in the moment the mind is

630

00:27:42,220 --> 00:27:39,830

everywhere but the moment it's always in

631

00:27:44,260 --> 00:27:42,230

judgment it's thinking in the future and

632

00:27:46,060 --> 00:27:44,270

in the past the reason we have two eyes

633

00:27:48,040 --> 00:27:46,070

is so we can see distance

634

00:27:51,280 --> 00:27:48,050

the reason we have two ears so we can

635

00:27:53,740 --> 00:27:51,290

hear a location wherever it is and so

636

00:27:57,070 --> 00:27:53,750

all that adds up to your your brain is

637

00:27:59,440 --> 00:27:57,080

always in judgment and always it's the

638

00:28:01,630 --> 00:27:59,450

trickster so the body's in the moment

639

00:28:03,640 --> 00:28:01,640

the mines in the trickster that's

640

00:28:06,850 --> 00:28:03,650

anywhere but the moment it but the

641

00:28:10,420 --> 00:28:06,860

spirit what is that well that's our Trek

642

00:28:14,580 --> 00:28:10,430

that's when we talk about God God is

643

00:28:18,220 --> 00:28:14,590

both here individually and it's in

644

00:28:21,100 --> 00:28:18,230

everything it's in everything and so

645

00:28:22,810 --> 00:28:21,110

that's the all and ADA near-death

646

00:28:24,790 --> 00:28:22,820

experience and so I got to go to that

647

00:28:28,690 --> 00:28:24,800

little all for a split second and

648

00:28:31,840 --> 00:28:28,700

connect in and it does exist and that's

649

00:28:35,260 --> 00:28:31,850

it changed my whole outlook on life some

650

00:28:37,780 --> 00:28:35,270

people do DMT or mushrooms or ayahuasca

651

00:28:39,430 --> 00:28:37,790

to get to and then it changes they're

652

00:28:41,890 --> 00:28:39,440

scrambles their brain and they go oh

653

00:28:44,260 --> 00:28:41,900

there is a God and God is in everything

654

00:28:46,360 --> 00:28:44,270

and everywhere you don't have to do that

655

00:28:49,120 --> 00:28:46,370

you just have to get to the realization

656

00:28:51,040 --> 00:28:49,130

of oh you don't have to die to get there

657

00:28:52,600 --> 00:28:51,050

I hope but but you get to the

658

00:28:55,300 --> 00:28:52,610

realization that God isn't everything

659

00:28:57,640 --> 00:28:55,310

and that's the Holy Spirit and so there

660

00:29:00,610 --> 00:28:57,650

are evolution of consciousness is that

661

00:29:03,760 --> 00:29:00,620

getting to that thing where we're all if

662

00:29:05,620 --> 00:29:03,770

I treat you badly I better expect it to

663

00:29:08,110 --> 00:29:05,630

come back treat badly

664

00:29:09,280 --> 00:29:08,120

there's the yawning and the laughing and

665

00:29:12,940 --> 00:29:09,290

everything else it's everything's

666

00:29:14,110 --> 00:29:12,950

contagious so you're writing I mean here

667

00:29:16,060 --> 00:29:14,120

we're at the beginning of new year

668

00:29:18,490 --> 00:29:16,070

you're writing the next chapter of your

669

00:29:20,680 --> 00:29:18,500

life what's your 2018 want to look like

670

00:29:22,090 --> 00:29:20,690

and it doesn't want to be happy does it

671

00:29:26,640 --> 00:29:22,100

want to be full of fear doesn't want to

672

00:29:29,320 --> 00:29:26,650

be arguing and complaining and blaming

673

00:29:31,510 --> 00:29:29,330

our government and our people and

674

00:29:34,390 --> 00:29:31,520

whatever it is I mean being aware of all

675

00:29:36,910 --> 00:29:34,400

that's good but keeping that pattern is

676
00:29:39,910 --> 00:29:36,920
your only pattern and not going to you

677
00:29:42,580 --> 00:29:39,920
more creativity or or helping and

678
00:29:47,680 --> 00:29:42,590
serving others is the bad part so you

679
00:29:50,620 --> 00:29:47,690
know our trick is is how to flow and be

680
00:29:52,390 --> 00:29:50,630
aware and you know there's there were in

681
00:29:54,940 --> 00:29:52,400
our spiritual world again how do you how

682
00:29:56,140 --> 00:29:54,950
do you do that you know my name is Keith

683
00:29:58,420 --> 00:29:56,150
Anthony Blanchett host the center of

684
00:29:59,610 --> 00:29:58,430
light radio 6 p.m. Monday nights that's

685
00:30:02,040 --> 00:29:59,620
Eastern Time every month

686
00:30:03,900 --> 00:30:02,050
night tonight I'm speaking with Brian D

687
00:30:06,000 --> 00:30:03,910
Hardin Brian is a pretty powerful

688
00:30:08,460 --> 00:30:06,010

individual he's a powerful individual

689

00:30:10,110 --> 00:30:08,470

very very big in the music field he's

690

00:30:11,280 --> 00:30:10,120

produced many of the albums throughout

691

00:30:13,799 --> 00:30:11,290

the years that we've heard all these

692

00:30:18,180 --> 00:30:13,809

phenomenal artists you can find more

693

00:30:21,150 --> 00:30:18,190

about my guest today at WWE that's ke ke

694

00:30:24,810 --> 00:30:21,160

in II W ways calm as well as Brian D

695

00:30:27,060 --> 00:30:24,820

Hardin calm Brian um something you said

696

00:30:29,130 --> 00:30:27,070

a minute ago I heard you you called it

697

00:30:31,140 --> 00:30:29,140

that us we we were in the time the 8th

698

00:30:33,900 --> 00:30:31,150

the age of information and now in the

699

00:30:38,010 --> 00:30:33,910

age of spirituality and also heard it

700

00:30:41,070 --> 00:30:38,020

called the age of disclosure Bible calls

701
00:30:43,770 --> 00:30:41,080
it revelation things are being revealed

702
00:30:47,160 --> 00:30:43,780
so the truth is stepping forward

703
00:30:51,200 --> 00:30:47,170
I'm I get to see it is though in the

704
00:30:56,880 --> 00:30:54,510
sure and I also heard you say something

705
00:30:59,130 --> 00:30:56,890
about the holy of the Holy Trinity I

706
00:31:01,830 --> 00:30:59,140
heard recently the Holy Trinity could be

707
00:31:04,200 --> 00:31:01,840
possibly better seen as a set of Father

708
00:31:10,650 --> 00:31:04,210
Son and Holy Spirit but father mother

709
00:31:13,110 --> 00:31:10,660
and child Wow 3rd 3rd right and thirdly

710
00:31:15,330 --> 00:31:13,120
you had mentioned you know we had a

711
00:31:17,820 --> 00:31:15,340
place in 2018 in the politics of

712
00:31:19,350 --> 00:31:17,830
terrorism I have three tenets one is the

713
00:31:23,040 --> 00:31:19,360

truth does not need anyone's permission

714

00:31:27,180 --> 00:31:23,050

to exist number two would be get out of

715

00:31:29,880 --> 00:31:27,190

the fight politics religion this that

716

00:31:32,190 --> 00:31:29,890

that's all and it's all and internal

717

00:31:34,350 --> 00:31:32,200

bickering it's just all an internal

718

00:31:35,940 --> 00:31:34,360

bickering and you can wonder the weed or

719

00:31:37,410 --> 00:31:35,950

water the plant and what you ever want

720

00:31:39,720 --> 00:31:37,420

to give your attention to is the one

721

00:31:41,310 --> 00:31:39,730

that's going to grow so I applaud that

722

00:31:42,960 --> 00:31:41,320

if you have a group of people in your

723

00:31:44,580 --> 00:31:42,970

life that you no longer want to

724

00:31:47,250 --> 00:31:44,590

associate with that you affirm to

725

00:31:49,410 --> 00:31:47,260

yourself I no longer choose to associate

726
00:31:52,290 --> 00:31:49,420
with these people though your intentions

727
00:31:55,680 --> 00:31:52,300
to reach your goal is good you are still

728
00:31:58,080 --> 00:31:55,690
watering the weed because you're

729
00:32:00,360 --> 00:31:58,090
focusing on I no longer choose to be

730
00:32:02,400 --> 00:32:00,370
around these type of people so what you

731
00:32:05,280 --> 00:32:02,410
do is you take your water bucket and you

732
00:32:07,260 --> 00:32:05,290
turn toward this is now what I choose

733
00:32:10,080 --> 00:32:07,270
versus this is no longer what I'm

734
00:32:13,260 --> 00:32:10,090
choosing what are your thoughts on that

735
00:32:15,330 --> 00:32:13,270
sir oh yeah

736
00:32:20,870 --> 00:32:15,340
you're saying a prayer with everything

737
00:32:24,270 --> 00:32:20,880
you do yo hard and and we're also making

738
00:32:29,970 --> 00:32:24,280

we're voting with everything we do -

739

00:32:31,800 --> 00:32:29,980

meaning like if you buy bad products

740

00:32:34,710 --> 00:32:31,810

you're voting for that company to

741

00:32:37,280 --> 00:32:34,720

continue to exists if you want to change

742

00:32:39,420 --> 00:32:37,290

things if you don't like the way they do

743

00:32:42,930 --> 00:32:39,430

genetically modified food for instance

744

00:32:46,320 --> 00:32:42,940

you can buy organic food and invite

745

00:32:50,700 --> 00:32:46,330

others to do the same and make that your

746

00:32:53,730 --> 00:32:50,710

passion instead of hating thought the

747

00:32:57,870 --> 00:32:53,740

poisons in the bad stuff you can spread

748

00:32:59,040 --> 00:32:57,880

the love of the healthy food I mean

749

00:33:07,820 --> 00:32:59,050

though they have a health food

750

00:33:16,080 --> 00:33:11,280

so it's sort of the same way with

751

00:33:18,570 --> 00:33:16,090

television or with the news we can

752

00:33:22,350 --> 00:33:18,580

instead of focusing on everything we

753

00:33:26,370 --> 00:33:22,360

hate find the parts that we need to love

754

00:33:30,480 --> 00:33:26,380

and need to grow a la la and focus on

755

00:33:33,660 --> 00:33:30,490

that and like instead of killing the

756

00:33:37,230 --> 00:33:33,670

weeds you're growing flowers isn't that

757

00:33:38,610 --> 00:33:37,240

right yeah and you know sometimes weeds

758

00:33:40,380 --> 00:33:38,620

are a good thing depending on your

759

00:33:42,750 --> 00:33:40,390

application of what you needing said

760

00:33:44,490 --> 00:33:42,760

thing for Brian what do you think is

761

00:33:46,680 --> 00:33:44,500

happening in our skies what do you think

762

00:33:48,390 --> 00:33:46,690

that's all leading up to you know with

763

00:33:50,490 --> 00:33:48,400

others that have been here in the planet

764

00:33:52,170 --> 00:33:50,500

you know God knows what's happening on

765

00:33:54,270 --> 00:33:52,180

the Dark Side of the Moon you know I've

766

00:33:57,120 --> 00:33:54,280

been wanting to talk about this subject

767

00:33:58,950 --> 00:33:57,130

for a while and we never really motion

768

00:34:00,780 --> 00:33:58,960

towards talking about our cosmic

769

00:34:04,820 --> 00:34:00,790

brothers and sisters are you game for

770

00:34:08,930 --> 00:34:04,830

that sir oh I'm game for anything

771

00:34:14,010 --> 00:34:08,940

let's hope everybody can stay with us I

772

00:34:15,960 --> 00:34:14,020

bet I got my nephew who is he's now 20

773

00:34:17,700 --> 00:34:15,970

and about a year ago he and his best

774

00:34:19,889 --> 00:34:17,710

friend and I were sitting on the beach

775

00:34:24,930 --> 00:34:19,899

in the middle of the night we look up

776
00:34:26,819 --> 00:34:24,940
and I the the one friend of my nephew at

777
00:34:31,019 --> 00:34:26,829
the time

778
00:34:36,449 --> 00:34:31,029
was very stuck super intelligent guy

779
00:34:42,749 --> 00:34:36,459
very stuck and gun-toting killing things

780
00:34:45,659 --> 00:34:42,759
for fun super educated but angry you

781
00:34:47,069 --> 00:34:45,669
could see he was an angry Kid and he

782
00:34:49,949 --> 00:34:47,079
didn't believe in any anything he said

783
00:34:53,909 --> 00:34:49,959
he was an atheist and I look I point up

784
00:34:57,150 --> 00:34:53,919
at the stars and as in explain that the

785
00:34:57,809 --> 00:34:57,160
nearest star to us is eight light-years

786
00:34:59,670 --> 00:34:57,819
away

787
00:35:03,749 --> 00:34:59,680
meaning the lights coming to your eyes

788
00:35:06,809 --> 00:35:03,759

is eight years old and so it's you can't

789

00:35:10,620 --> 00:35:06,819

even comprehend eight light-years of

790

00:35:13,440 --> 00:35:10,630

travel the speed of light is so beyond

791

00:35:16,349 --> 00:35:13,450

what I you know what a car can do that

792

00:35:19,829 --> 00:35:16,359

it's almost unimaginable and that's the

793

00:35:21,839 --> 00:35:19,839

nearest star and our little star has got

794

00:35:25,019 --> 00:35:21,849

eight or nine planets wrapped around it

795

00:35:29,089 --> 00:35:25,029

and you multiply that by every star

796

00:35:32,160 --> 00:35:29,099

eight or nine there's the latest

797

00:35:36,089 --> 00:35:32,170

estimate that I've heard of was seventy

798

00:35:40,049 --> 00:35:36,099

sextillion that's 23 zeros behind 70 76

799

00:35:42,569 --> 00:35:40,059

trillion stars it's just mind-blowing is

800

00:35:46,049 --> 00:35:42,579

billions of billions of billions of

801
00:35:49,759 --> 00:35:46,059
galaxies and we just we can hardly wrap

802
00:35:52,979 --> 00:35:49,769
around our head around our little places

803
00:35:56,759 --> 00:35:52,989
and so we basically earth is just a

804
00:35:58,019 --> 00:35:56,769
grain of sand on the cosmic beach yes we

805
00:36:00,900 --> 00:35:58,029
are

806
00:36:04,559 --> 00:36:00,910
we're actually far out we're like in an

807
00:36:06,959 --> 00:36:04,569
unremarkable distant area to where we're

808
00:36:09,059 --> 00:36:06,969
not even in the traffic zone we're way

809
00:36:10,380 --> 00:36:09,069
off in the field way about the cosmic

810
00:36:12,989 --> 00:36:10,390
life stream imagine what's taking place

811
00:36:17,160 --> 00:36:12,999
towards the cluster the sooner I am

812
00:36:19,920 --> 00:36:17,170
knowing we just got electricity 120

813
00:36:23,219 --> 00:36:19,930

years ago and in their planes and cars

814

00:36:24,689 --> 00:36:23,229

and all we think we're so involved well

815

00:36:27,839 --> 00:36:24,699

you know that you and that you say that

816

00:36:29,670 --> 00:36:27,849

look what we've done in that 120 years

817

00:36:32,430 --> 00:36:29,680

because we had such an amazing

818

00:36:35,279 --> 00:36:32,440

technology boom in those hundred plus

819

00:36:39,689 --> 00:36:35,289

years then it since the dawn of humanity

820

00:36:40,620 --> 00:36:39,699

so imagine these civilizations that

821

00:36:42,330 --> 00:36:40,630

exist out

822

00:36:47,700 --> 00:36:42,340

that you know what they call them the um

823

00:36:49,440 --> 00:36:47,710

the ancient farmers imagine where

824

00:36:53,490 --> 00:36:49,450

they're at what they're doing what

825

00:36:56,370 --> 00:36:53,500

they're capable of well so for us to

826

00:36:59,910 --> 00:36:56,380

think were that God whatever your

827

00:37:04,410 --> 00:36:59,920

version of God is made this little blue

828

00:37:07,620 --> 00:37:04,420

dot in the middle of 76 trillion stars

829

00:37:10,080 --> 00:37:07,630

that have eight or nine blue dots

830

00:37:12,450 --> 00:37:10,090

wrapped around each one of those 76

831

00:37:15,830 --> 00:37:12,460

trillion there's a lot of chance for

832

00:37:18,780 --> 00:37:15,840

life and just even on our nearest

833

00:37:20,970 --> 00:37:18,790

planets martyrs and so on we look for

834

00:37:24,000 --> 00:37:20,980

water and we're finding it and if

835

00:37:28,380 --> 00:37:24,010

there's water then there's organisms you

836

00:37:31,140 --> 00:37:28,390

know and so our alien brothers right now

837

00:37:34,290 --> 00:37:31,150

on our near planets it might just be you

838

00:37:36,990 --> 00:37:34,300

know bacteria or you know microbes or

839

00:37:38,940 --> 00:37:37,000

something but on other planets they

840

00:37:42,470 --> 00:37:38,950

might look like you know huge

841

00:37:44,910 --> 00:37:42,480

cockroaches or or you know giant

842

00:37:48,330 --> 00:37:44,920

cockatoo Birds I don't know what they

843

00:37:50,160 --> 00:37:48,340

are you know but it's even impossible

844

00:37:53,220 --> 00:37:50,170

for us to wrap our head heads around

845

00:37:55,980 --> 00:37:53,230

everything including that it might not

846

00:37:57,960 --> 00:37:55,990

be physical as we evolved you know from

847

00:38:00,210 --> 00:37:57,970

the physical to the mental to the

848

00:38:03,240 --> 00:38:00,220

spiritual as we evolved

849

00:38:05,130 --> 00:38:03,250

maybe these creatures have evolved to a

850

00:38:07,830 --> 00:38:05,140

point where they don't even need their

851
00:38:10,560 --> 00:38:07,840
body so much yes because when scientists

852
00:38:12,960 --> 00:38:10,570
look out well let's say SETI or any of

853
00:38:15,210 --> 00:38:12,970
those people who are looking for

854
00:38:16,440 --> 00:38:15,220
extraterrestrial life and they say well

855
00:38:18,720 --> 00:38:16,450
there's none on this planet but they

856
00:38:21,480 --> 00:38:18,730
fail to see that life is what spinning

857
00:38:23,580 --> 00:38:21,490
the planet itself now when you go on it

858
00:38:24,840 --> 00:38:23,590
from that perspective with for example

859
00:38:27,450 --> 00:38:24,850
if you're listening to this broadcast

860
00:38:30,450 --> 00:38:27,460
right now or watching it let's let's

861
00:38:32,100 --> 00:38:30,460
call that channel 3 this is Channel 3

862
00:38:34,890 --> 00:38:32,110
you're not aware of channel 2 and

863
00:38:37,440 --> 00:38:34,900

Channel 4 but they do exist so they're

864

00:38:39,510 --> 00:38:37,450

looking for beings on the frequency or

865

00:38:42,150 --> 00:38:39,520

the bandwidth that we operate on and

866

00:38:44,940 --> 00:38:42,160

they they do not realize that in other

867

00:38:47,340 --> 00:38:44,950

dimensions which are infinite if God is

868

00:38:50,040 --> 00:38:47,350

infinite and omnipresent there's no

869

00:38:52,350 --> 00:38:50,050

place it is not Webster's dictionary and

870

00:38:54,210 --> 00:38:52,360

if God is loved and the only thing God

871

00:38:56,940 --> 00:38:54,220

isn't is sphere and that's all

872

00:39:00,870 --> 00:38:56,950

fabrication so when we begin to use

873

00:39:02,910 --> 00:39:00,880

these kinds of modalities just to see we

874

00:39:04,980 --> 00:39:02,920

begin to see differently and we begin to

875

00:39:06,599 --> 00:39:04,990

know things greater capacities and we've

876

00:39:09,960 --> 00:39:06,609

ever known before because we're not so

877

00:39:11,820 --> 00:39:09,970

monkey minded muddled minded so this

878

00:39:13,950 --> 00:39:11,830

little team life is teaming everywhere

879

00:39:15,800 --> 00:39:13,960

on every possible bandwidth every

880

00:39:17,910 --> 00:39:15,810

possible frequency they are beings

881

00:39:20,849 --> 00:39:17,920

sentient beings conscious beings

882

00:39:25,950 --> 00:39:20,859

unconscious beings it's everywhere so

883

00:39:27,960 --> 00:39:25,960

yin and yang the black and white the the

884

00:39:31,080 --> 00:39:27,970

shape of that whole thing - that whole

885

00:39:33,330 --> 00:39:31,090

twist the Fibonacci spiral the fibonacci

886

00:39:35,010 --> 00:39:33,340

it's so beautiful if you if you look at

887

00:39:38,130 --> 00:39:35,020

a pinecones I could bring you over one

888

00:39:41,040 --> 00:39:38,140

right now pine cones or seashells or or

889

00:39:43,109 --> 00:39:41,050

a sunflower or so on you see the fib

890

00:39:46,980 --> 00:39:43,119

Fibonacci if you flush the toilet and

891

00:39:49,500 --> 00:39:46,990

watch the water it goes down this is if

892

00:39:51,810 --> 00:39:49,510

you stare up into this the the heavens

893

00:39:54,359 --> 00:39:51,820

and look at the Stars they're rotating

894

00:39:56,670 --> 00:39:54,369

like that there it the whole world is

895

00:39:59,579 --> 00:39:56,680

moving that way but the yin and yang of

896

00:40:06,329 --> 00:39:59,589

like dark and light and working together

897

00:40:11,210 --> 00:40:06,339

and growth happens with that young decay

898

00:40:15,150 --> 00:40:11,220

happens with that yuck and progress

899

00:40:19,800 --> 00:40:15,160

evolution happens with that young the

900

00:40:22,230 --> 00:40:19,810

opposite keeping still not moving

901
00:40:24,270 --> 00:40:22,240
they say insanity is repeating the same

902
00:40:27,060 --> 00:40:24,280
thing over and over again and expecting

903
00:40:28,530 --> 00:40:27,070
it to me it's insane to just stay

904
00:40:31,050 --> 00:40:28,540
we have to evolve we have to we have to

905
00:40:34,920 --> 00:40:31,060
keep changing and I'm learning lessons

906
00:40:39,500 --> 00:40:34,930
every day I really try to I I know you

907
00:40:42,599 --> 00:40:39,510
do to you we sometimes take in though

908
00:40:45,230 --> 00:40:42,609
negative things in order to educate

909
00:40:48,570 --> 00:40:45,240
ourselves so like in our government and

910
00:40:51,740 --> 00:40:48,580
you know technology sometimes abusing

911
00:40:56,430 --> 00:40:51,750
you know technology or whatever it is

912
00:40:58,950 --> 00:40:56,440
that that ends up being dark or holding

913
00:41:01,079 --> 00:40:58,960

us back and our trick is to stay

914

00:41:04,650 --> 00:41:01,089

positive with it in and use it as a

915

00:41:07,800 --> 00:41:04,660

medicine what is a Buckminster Fuller

916

00:41:10,800 --> 00:41:07,810

said that pollution

917

00:41:13,980 --> 00:41:10,810

of course which is bad was actually an

918

00:41:16,710 --> 00:41:13,990

untapped natural resource or an untapped

919

00:41:20,430 --> 00:41:16,720

resource so sometimes you can use that

920

00:41:22,620 --> 00:41:20,440

negative in a spin and recently I've

921

00:41:26,460 --> 00:41:22,630

seen that people are doing that they're

922

00:41:29,280 --> 00:41:26,470

taking the pollution from power plants

923

00:41:32,670 --> 00:41:29,290

or whatever it is and they're converting

924

00:41:36,060 --> 00:41:32,680

it to something else and so how can we

925

00:41:39,390 --> 00:41:36,070

as humans in this meatsuit temporarily

926
00:41:42,540 --> 00:41:39,400
and as spirits in this meat suit evolved

927
00:41:46,350 --> 00:41:42,550
to take our own pollution and convert it

928
00:41:48,840 --> 00:41:46,360
so that well being sick and tired of

929
00:41:51,900 --> 00:41:48,850
whatever the pattern is in our brain and

930
00:41:55,380 --> 00:41:51,910
our being or body in converting it I've

931
00:41:58,500 --> 00:41:55,390
seen spontaneous healings happen because

932
00:42:00,960 --> 00:41:58,510
they make a decision I'm not gonna die

933
00:42:02,760 --> 00:42:00,970
I'm gonna move along I'm gonna I'm gonna

934
00:42:04,710 --> 00:42:02,770
get my health back and I've got things

935
00:42:06,420 --> 00:42:04,720
to do my grandmother was told one time

936
00:42:08,550 --> 00:42:06,430
you're gonna die within two or three

937
00:42:15,870 --> 00:42:08,560
weeks and she said I can't die I've got

938
00:42:17,730 --> 00:42:15,880

things to do ya know you know she could

939

00:42:19,620 --> 00:42:17,740

have borne to the idea right now you

940

00:42:21,300 --> 00:42:19,630

know like Deepak Chopra it's said in an

941

00:42:23,580 --> 00:42:21,310

interview I saw meaning many years ago

942

00:42:25,290 --> 00:42:23,590

he says you know we were doing Onix I

943

00:42:26,640 --> 00:42:25,300

would say it may be an experiment he

944

00:42:28,170 --> 00:42:26,650

says we were testing something out we

945

00:42:31,890 --> 00:42:28,180

had a whole bunch of people in the

946

00:42:38,220 --> 00:42:31,900

office who recently had biopsies and he

947

00:42:40,590 --> 00:42:38,230

said I pull out a card John Doe positive

948

00:42:41,910 --> 00:42:40,600

I'm gonna meet you negative you said you

949

00:42:44,750 --> 00:42:41,920

could see the life come right back into

950

00:42:48,120 --> 00:42:44,760

his face then you pull another card out

951
00:42:50,190 --> 00:42:48,130
and to tell the new person that you have

952
00:42:51,780 --> 00:42:50,200
cancer he said you in that moment you

953
00:42:56,580 --> 00:42:51,790
could begin to see them die right before

954
00:43:01,550 --> 00:42:56,590
your face yes they right now have you

955
00:43:04,670 --> 00:43:01,560
ever seen this test has been done where

956
00:43:10,200 --> 00:43:04,680
scientists have taken that same thing

957
00:43:14,460 --> 00:43:10,210
placebo and nocebo which is they they've

958
00:43:17,480 --> 00:43:14,470
given the that same test with the idea

959
00:43:21,230 --> 00:43:17,490
that they tell someone something bad and

960
00:43:24,830 --> 00:43:21,240
then later tell them that it was a lie

961
00:43:28,310 --> 00:43:24,840
and that the person can't convert from

962
00:43:33,230 --> 00:43:28,320
the negative back to the positive very

963
00:43:35,000 --> 00:43:33,240

easily so the other way were you can go

964

00:43:38,450 --> 00:43:35,010

from positive to negative easily but you

965

00:43:43,900 --> 00:43:38,460

can't easily and that's that that what

966

00:43:46,310 --> 00:43:43,910

they call that it's not discerning

967

00:43:49,940 --> 00:43:46,320

cognitive dissonance cognitive

968

00:43:51,800 --> 00:43:49,950

dissonance yes it's pretty powerful if

969

00:43:53,840 --> 00:43:51,810

you think about it you can even have

970

00:43:57,290 --> 00:43:53,850

someone you can present a new idea a

971

00:43:59,540 --> 00:43:57,300

truth just someone who is set in their

972

00:44:02,960 --> 00:43:59,550

ways and they will even agree with you

973

00:44:05,180 --> 00:44:02,970

consciously I get it I understand it but

974

00:44:07,940 --> 00:44:05,190

yet something inside of the monkey mind

975

00:44:09,950 --> 00:44:07,950

does not like the idea that it does that

976

00:44:12,830 --> 00:44:09,960

their system is being bucked and they

977

00:44:15,830 --> 00:44:12,840

will still reject it because they have

978

00:44:17,750 --> 00:44:15,840

to go through a set amount of work to be

979

00:44:21,710 --> 00:44:17,760

able to come clear and align themselves

980

00:44:24,260 --> 00:44:21,720

with the new truth mmm and that can be

981

00:44:25,940 --> 00:44:24,270

difficult for some well I think it's

982

00:44:31,160 --> 00:44:25,950

difficult for everybody and it's a

983

00:44:34,340 --> 00:44:31,170

pattern and a practice so the pattern

984

00:44:38,300 --> 00:44:34,350

the practice that we that we the habits

985

00:44:43,000 --> 00:44:38,310

that we make that is us and so whenever

986

00:44:46,760 --> 00:44:43,010

we choose to be negative you you become

987

00:44:49,280 --> 00:44:46,770

negative and your the the way you think

988

00:44:52,940 --> 00:44:49,290

the way you respond you're always in

989

00:44:55,280 --> 00:44:52,950

fear always ready to respond always

990

00:44:57,560 --> 00:44:55,290

ready to fight argue blame and complain

991

00:45:00,620 --> 00:44:57,570

and it's a it's it's an energy of low

992

00:45:03,650 --> 00:45:00,630

energy when you're optimistic wait I

993

00:45:06,260 --> 00:45:03,660

when you're optimistic you can talk your

994

00:45:09,230 --> 00:45:06,270

way out of things that would have been

995

00:45:11,540 --> 00:45:09,240

catastrophes I heard a guy yeah I heard

996

00:45:14,060 --> 00:45:11,550

a guy he was it was in Miami Airport and

997

00:45:16,340 --> 00:45:14,070

around Miami Airport back in the 80s

998

00:45:17,810 --> 00:45:16,350

they had horrible air air area in the

999

00:45:19,460 --> 00:45:17,820

middle of the night when you left you

1000

00:45:21,230 --> 00:45:19,470

had to go drive to this horrible area

1001
00:45:22,970 --> 00:45:21,240
that I think since they fixed that but

1002
00:45:24,650 --> 00:45:22,980
anyway he's in a convertible and he

1003
00:45:27,170 --> 00:45:24,660
pulls up to a little stop sign and he's

1004
00:45:29,900 --> 00:45:27,180
the only person in the middle of nowhere

1005
00:45:31,520 --> 00:45:29,910
and he pulls up to a stops stop light or

1006
00:45:33,859 --> 00:45:31,530
a stop sign in the middle of nowhere and

1007
00:45:34,200 --> 00:45:33,869
a guy pops out of the darkness and he's

1008
00:47:59,130 --> 00:45:34,210
a

1009
00:48:01,020 --> 00:47:59,140
they just pretended they were riding in

1010
00:48:03,630 --> 00:48:01,030
a parade it shifted the entire dynamic

1011
00:48:05,490 --> 00:48:03,640
Brian I wanted to ask you something sir

1012
00:48:08,490 --> 00:48:05,500
are we talking about what's happening in

1013
00:48:10,050 --> 00:48:08,500

2018 future hacking and I suggested in a

1014

00:48:11,550 --> 00:48:10,060

burst of light live feed that when you

1015

00:48:12,780 --> 00:48:11,560

let's say for example you go out to a

1016

00:48:14,760 --> 00:48:12,790

club and you're hanging out with friends

1017

00:48:16,890 --> 00:48:14,770

you have a group of people over here

1018

00:48:18,240 --> 00:48:16,900

that are somewhat negative and if you

1019

00:48:20,460 --> 00:48:18,250

hang around them too long you're being

1020

00:48:21,900 --> 00:48:20,470

swayed and because you kind of start

1021

00:48:23,730 --> 00:48:21,910

feeling that way yourself and here's a

1022

00:48:25,260 --> 00:48:23,740

group of people over here being positive

1023

00:48:27,480 --> 00:48:25,270

and because they are being positive

1024

00:48:28,710 --> 00:48:27,490

you're being swayed so it seems like you

1025

00:48:31,770 --> 00:48:28,720

would want to hang out with those people

1026
00:48:33,470 --> 00:48:31,780
instead of those but what I am offering

1027
00:48:35,280 --> 00:48:33,480
is that there's a third component

1028
00:48:36,660 --> 00:48:35,290
because we're living in a world of

1029
00:48:38,310 --> 00:48:36,670
duality the good and the bad the

1030
00:48:40,770 --> 00:48:38,320
positive and a negative the good people

1031
00:48:43,440 --> 00:48:40,780
the bad people that when we get out of

1032
00:48:47,010 --> 00:48:43,450
both of those potentials of being swayed

1033
00:48:50,220 --> 00:48:47,020
by either side and we let the Christ or

1034
00:48:52,830 --> 00:48:50,230
the Phoenix rise or the lotus flower

1035
00:48:55,380 --> 00:48:52,840
blossom so where we're not swayed

1036
00:48:57,300 --> 00:48:55,390
whatsoever by the bad or the good that

1037
00:49:00,930 --> 00:48:57,310
we become planted like a lightning rod

1038
00:49:03,840 --> 00:49:00,940

so now what happens is I become the tone

1039

00:49:06,270 --> 00:49:03,850

setter I can set the tone that changes

1040

00:49:08,610 --> 00:49:06,280

the entire dynamic of the room not only

1041

00:49:10,800 --> 00:49:08,620

does it help the negative people in the

1042

00:49:13,590 --> 00:49:10,810

room it actually lifts the people of the

1043

00:49:15,930 --> 00:49:13,600

positive pole even to a higher vibration

1044

00:49:18,480 --> 00:49:15,940

because I have the spirituality and the

1045

00:49:21,360 --> 00:49:18,490

groundedness about me to set the tone

1046

00:49:26,820 --> 00:49:21,370

what do you thoughts about that

1047

00:49:28,770 --> 00:49:26,830

well yes Yama Hyuk was a choice even go

1048

00:49:32,520 --> 00:49:28,780

back to that just for a second Yama yoke

1049

00:49:33,510 --> 00:49:32,530

was a choice but sometimes when you ask

1050

00:49:37,890 --> 00:49:33,520

your spirit

1051

00:49:39,810 --> 00:49:37,900

I want to evolve I'm ready to go to

1052

00:49:42,360 --> 00:49:39,820

another level I'm ready to break out of

1053

00:49:46,500 --> 00:49:42,370

the cocoon and go from being a

1054

00:49:49,170 --> 00:49:46,510

caterpillar to a butterfly it's

1055

00:49:51,510 --> 00:49:49,180

sometimes messy this spiritual is

1056

00:49:53,460 --> 00:49:51,520

spirituality it's not like all of a

1057

00:49:56,640 --> 00:49:53,470

sudden you see unicorns and rainbows

1058

00:49:58,800 --> 00:49:56,650

everywhere no this is messy you are

1059

00:50:00,640 --> 00:49:58,810

doing battle you're having to learn how

1060

00:50:02,740 --> 00:50:00,650

to do martial arts in

1061

00:50:05,170 --> 00:50:02,750

your spiritual realm in your mental

1062

00:50:09,250 --> 00:50:05,180

realm and in your physical realm all

1063

00:50:11,710 --> 00:50:09,260

together and some is sometimes when you

1064

00:50:14,650 --> 00:50:11,720

ask for that spiritual growth what

1065

00:50:17,099 --> 00:50:14,660

happens is you get ill you the pattern

1066

00:50:20,049 --> 00:50:17,109

gets revealed you get mentally

1067

00:50:25,690 --> 00:50:20,059

challenged you get socially challenged

1068

00:50:29,049 --> 00:50:25,700

and and so be aware that this

1069

00:50:32,529 --> 00:50:29,059

spirituality is a breakdown it's

1070

00:50:35,410 --> 00:50:32,539

dissolving the old patterns and so with

1071

00:50:38,049 --> 00:50:35,420

that I would say expect to expect a

1072

00:50:42,970 --> 00:50:38,059

wrestling match with your soul right

1073

00:50:45,670 --> 00:50:42,980

it's an expected growth from that so the

1074

00:50:49,779 --> 00:50:45,680

duality of of all that is to finally get

1075

00:50:51,970 --> 00:50:49,789

to see that every crisis is an

1076

00:50:55,589 --> 00:50:51,980

opportunity to learn and grow every

1077

00:50:58,359 --> 00:50:55,599

problem is a way for us to actually

1078

00:51:00,160 --> 00:50:58,369

evolve if you look if you look at every

1079

00:51:02,500 --> 00:51:00,170

problem you've ever had in every bad

1080

00:51:04,750 --> 00:51:02,510

relationship or whatever you can

1081

00:51:06,760 --> 00:51:04,760

actually ask the question what did I

1082

00:51:11,559 --> 00:51:06,770

learn from that and did I repeat the

1083

00:51:13,390 --> 00:51:11,569

pattern did I you know you have

1084

00:51:16,000 --> 00:51:13,400

relationships with certain types of

1085

00:51:18,069 --> 00:51:16,010

people and then keep repeating that over

1086

00:51:20,859 --> 00:51:18,079

and over again I've seen you know

1087

00:51:24,880 --> 00:51:20,869

children of alcoholics date alcoholics

1088

00:51:27,730 --> 00:51:24,890

and eventually they go okay I'm now no

1089

00:51:30,460 --> 00:51:27,740

longer going to be a codependent person

1090

00:51:32,680 --> 00:51:30,470

I'm gonna evolve the on that and the

1091

00:51:34,450 --> 00:51:32,690

lesson was to evolve beyond it and it

1092

00:51:36,640 --> 00:51:34,460

might have taken them six times or ten

1093

00:51:39,460 --> 00:51:36,650

times or three times to figure it out

1094

00:51:41,710 --> 00:51:39,470

and and the trick is to figure it out

1095

00:51:45,160 --> 00:51:41,720

and then once they figured it out then

1096

00:51:47,349 --> 00:51:45,170

they were able to help other codependent

1097

00:51:49,480 --> 00:51:47,359

people what other alcoholics or whatever

1098

00:51:52,569 --> 00:51:49,490

it is they whatever the problem was and

1099

00:51:54,819 --> 00:51:52,579

they learned it and from then on they

1100

00:51:57,700 --> 00:51:54,829

knew how to help people and they were in

1101
00:51:59,859 --> 00:51:57,710
their service but it took you know took

1102
00:52:00,910 --> 00:51:59,869
a while to get there and they had to do

1103
00:52:03,250 --> 00:52:00,920
it the hard way

1104
00:52:05,349 --> 00:52:03,260
you know I've recently had someone tell

1105
00:52:07,990 --> 00:52:05,359
me you know I wish I could just throw

1106
00:52:10,569 --> 00:52:08,000
away all those horrible things that that

1107
00:52:11,950 --> 00:52:10,579
happened to me I said in so doing you

1108
00:52:14,080 --> 00:52:11,960
were actually thrown away the very

1109
00:52:17,650 --> 00:52:14,090
wisdom that has shaped you up to this

1110
00:52:20,440 --> 00:52:17,660
point yes you know you know while we're

1111
00:52:23,560 --> 00:52:20,450
in it it seems dark and thick you know

1112
00:52:27,550 --> 00:52:23,570
it took dark and thick in two years of

1113
00:52:29,110 --> 00:52:27,560

it for me to have had enough and I'm

1114

00:52:31,090 --> 00:52:29,120

sure you know even look around you in

1115

00:52:33,220 --> 00:52:31,100

your physical life and you see people

1116

00:52:35,350 --> 00:52:33,230

your loved ones friends family who have

1117

00:52:37,920 --> 00:52:35,360

come down one of us a serious illness

1118

00:52:41,140 --> 00:52:37,930

and that they survived it and because of

1119

00:52:42,750 --> 00:52:41,150

said illness on the outset of that they

1120

00:52:48,850 --> 00:52:42,760

are totally different human being

1121

00:52:51,280 --> 00:52:48,860

totally new reborn reborn that's the

1122

00:52:53,440 --> 00:52:51,290

born again you're right and and you know

1123

00:52:57,970 --> 00:52:53,450

you can make the choice to be born again

1124

00:52:59,800 --> 00:52:57,980

every day I try to learn something new

1125

00:53:03,460 --> 00:52:59,810

every day I try to challenge myself

1126

00:53:05,830 --> 00:53:03,470

every day a lot of times I just repeat

1127

00:53:08,230 --> 00:53:05,840

the same eight thousand thirty thousand

1128

00:53:10,210 --> 00:53:08,240

thoughts over and over again but

1129

00:53:12,580 --> 00:53:10,220

sometimes I find myself breaking out of

1130

00:53:14,860 --> 00:53:12,590

it as long as I focus on that that

1131

00:53:16,590 --> 00:53:14,870

feeling in what's the feeling that the

1132

00:53:19,780 --> 00:53:16,600

eighty thousand thoughts are giving me

1133

00:53:21,670 --> 00:53:19,790

then I once I realized the feeling or

1134

00:53:24,160 --> 00:53:21,680

the pattern or whatever isn't what I

1135

00:53:25,780 --> 00:53:24,170

really want to be where I want to be who

1136

00:53:27,910 --> 00:53:25,790

I want to be what the thought pattern is

1137

00:53:31,180 --> 00:53:27,920

or what the feeling is and so you know I

1138

00:53:34,630 --> 00:53:31,190

get I then I change the thought patterns

1139

00:53:36,760 --> 00:53:34,640

then I changed the pattern of habits and

1140

00:53:38,770 --> 00:53:36,770

so what if some of the good habits you

1141

00:53:41,560 --> 00:53:38,780

have I know meditation is one of them

1142

00:53:44,680 --> 00:53:41,570

that we both - can you explain anything

1143

00:53:46,900 --> 00:53:44,690

like that that can help people Brian I

1144

00:53:50,380 --> 00:53:46,910

play music that's one of the things that

1145

00:53:53,170 --> 00:53:50,390

keeps me expanded you know you know you

1146

00:53:54,730 --> 00:53:53,180

were talking about the 80 dip or however

1147

00:53:56,740 --> 00:53:54,740

many thousands of thoughts we have a day

1148

00:53:58,530 --> 00:53:56,750

so if you try to go at it from that

1149

00:54:01,060 --> 00:53:58,540

point of view and tackle every thought

1150

00:54:02,890 --> 00:54:01,070

your work will never end but if you

1151
00:54:04,900 --> 00:54:02,900
changed the feeling become aware of the

1152
00:54:06,580 --> 00:54:04,910
feeling your feelings are encrypted with

1153
00:54:08,350 --> 00:54:06,590
all those 80,000 things that you're

1154
00:54:09,910 --> 00:54:08,360
trying to change change the feeling you

1155
00:54:11,380 --> 00:54:09,920
know you can cut every branch on a tree

1156
00:54:13,120 --> 00:54:11,390
that's rotten in your backyard that

1157
00:54:15,070 --> 00:54:13,130
represents all you lows in your troubles

1158
00:54:16,600 --> 00:54:15,080
or you could pull out the chainsaw and

1159
00:54:18,310 --> 00:54:16,610
walk it down at the bottom of the turn

1160
00:54:21,490 --> 00:54:18,320
at the trunk and be done with your

1161
00:54:24,700 --> 00:54:21,500
problems but playing music is a blessing

1162
00:54:28,240 --> 00:54:24,710
to me because I'm always in the zone

1163
00:54:31,410 --> 00:54:28,250

a hyper zone but I even though I do

1164

00:54:34,030 --> 00:54:31,420

still sometimes do formal meditation

1165

00:54:35,320 --> 00:54:34,040

right now my meditation but when I wake

1166

00:54:37,900 --> 00:54:35,330

up in the morning and I sit at this

1167

00:54:40,240 --> 00:54:37,910

computer and I have nothing before me

1168

00:54:42,460 --> 00:54:40,250

and I go what am I going to create today

1169

00:54:44,530 --> 00:54:42,470

that's going to contribute the spirit

1170

00:54:46,930 --> 00:54:44,540

automatically opens me up and I become

1171

00:54:49,120 --> 00:54:46,940

imbued with divine power and I feel it I

1172

00:54:50,980 --> 00:54:49,130

begin to expand when I do these bursts

1173

00:54:52,270 --> 00:54:50,990

of light live videos I even tell the

1174

00:54:54,250 --> 00:54:52,280

listening on it to the viewing on this

1175

00:54:57,070 --> 00:54:54,260

watch in about 10 minutes you're gonna

1176

00:54:59,020 --> 00:54:57,080

see my whole disposition change because

1177

00:55:01,300 --> 00:54:59,030

something else and I don't mean that to

1178

00:55:03,099 --> 00:55:01,310

imply that I'm separate from spirit but

1179

00:55:05,950 --> 00:55:03,109

something else that I don't know as

1180

00:55:08,560 --> 00:55:05,960

often as I would like begins just sit

1181

00:55:11,620 --> 00:55:08,570

itself in my body and I begin to play

1182

00:55:14,440 --> 00:55:11,630

and live an experience that energy and

1183

00:55:16,750 --> 00:55:14,450

the more I do it the more the intervals

1184

00:55:19,270 --> 00:55:16,760

become shorter in fact the intervals we

1185

00:55:20,280 --> 00:55:19,280

get to not happen at all I'm always now

1186

00:55:23,530 --> 00:55:20,290

in it

1187

00:55:25,660 --> 00:55:23,540

we have body mind spirit so that your

1188

00:55:28,540 --> 00:55:25,670

body is connected to the mind to start

1189

00:55:30,070 --> 00:55:28,550

with and once you turn the mind off and

1190

00:55:32,109 --> 00:55:30,080

get it out of the way I mean it's it's

1191

00:55:34,359 --> 00:55:32,119

good to know what key you're playing in

1192

00:55:36,790 --> 00:55:34,369

and so on the spirit starts coming

1193

00:55:39,430 --> 00:55:36,800

through and your fingers literally move

1194

00:55:41,859 --> 00:55:39,440

on their own your heart opens up and

1195

00:55:44,079 --> 00:55:41,869

your brain stops thinking about anything

1196

00:55:46,180 --> 00:55:44,089

or worried about anything we're judging

1197

00:55:49,450 --> 00:55:46,190

anything and you just start moving with

1198

00:55:52,710 --> 00:55:49,460

with nature and same thing happens with

1199

00:55:56,740 --> 00:55:52,720

all those great sporting guys like

1200

00:55:58,839 --> 00:55:56,750

Michael Jordan or Kobe Bryant or any one

1201
00:56:01,630 --> 00:55:58,849
of those guys that they know everybody

1202
00:56:04,000 --> 00:56:01,640
in the whole team and in the whole

1203
00:56:06,880 --> 00:56:04,010
stadium knows the ball is gonna go into

1204
00:56:08,920 --> 00:56:06,890
Michael Jordan and there's three seconds

1205
00:56:11,620 --> 00:56:08,930
left on the clock he doesn't think about

1206
00:56:14,140 --> 00:56:11,630
what's gonna happen with the ball he

1207
00:56:18,310 --> 00:56:14,150
just goes to his place where there's

1208
00:56:22,030 --> 00:56:18,320
spirit can connect in to his body and he

1209
00:56:24,160 --> 00:56:22,040
literally tells himself I can do it I

1210
00:56:26,740 --> 00:56:24,170
have no idea how I'm gonna do it I don't

1211
00:56:28,510 --> 00:56:26,750
care about the idea you just know I'm

1212
00:56:30,250 --> 00:56:28,520
gonna do it let's go do it

1213
00:56:32,800 --> 00:56:30,260

I have confidence in doing it there's

1214

00:56:36,190 --> 00:56:32,810

there's a young again and it's it's that

1215

00:56:38,549 --> 00:56:36,200

prayer of I can do it and it's gonna

1216

00:56:40,329 --> 00:56:38,559

happen it makes it happen

1217

00:56:43,829 --> 00:56:40,339

Brian when you and I have these

1218

00:56:45,970 --> 00:56:43,839

discussions the hour flies by like wow

1219

00:56:47,410 --> 00:56:45,980

all my listening guys just to let you

1220

00:56:48,640 --> 00:56:47,420

know I've been speaking to my producers

1221

00:56:50,650 --> 00:56:48,650

we're about to take the center of light

1222

00:56:52,299 --> 00:56:50,660

radio to a two-hour show hang tight for

1223

00:56:57,779 --> 00:56:52,309

that Brian we have one minute please

1224

00:57:03,339 --> 00:56:57,789

give us a final thought laughs more

1225

00:57:06,460 --> 00:57:03,349

worry less love all and do it with

1226

00:57:08,589 --> 00:57:06,470

gratitude for everything and that's

1227

00:57:10,480 --> 00:57:08,599

that's that's including all the good

1228

00:57:12,160 --> 00:57:10,490

stuff all the bad stuff be grateful

1229

00:57:13,900 --> 00:57:12,170

because the bad stuff teaches you

1230

00:57:16,870 --> 00:57:13,910

lessons the good stuff

1231

00:57:20,200 --> 00:57:16,880

yay I got some more good stuff you know

1232

00:57:22,750 --> 00:57:20,210

some more young so laughs more way less

1233

00:57:25,930 --> 00:57:22,760

love all and do it with gratitude for

1234

00:57:28,250 --> 00:57:25,940

everything how about that one is it

1235

00:57:32,690 --> 00:57:30,260

yeah everybody everyone in the chat room

1236

00:57:37,060 --> 00:57:32,700

is just metaphorically standing up and

1237

00:57:39,230 --> 00:57:37,070

giving you a standing ovation oh thanks

1238

00:57:40,220 --> 00:57:39,240

Brian thank you I would be in touching

1239

00:57:42,020 --> 00:57:40,230

you soon sir

1240

00:57:43,910 --> 00:57:42,030

you are important to me I love you bro I

1241

00:57:46,070 --> 00:57:43,920

love you too thank you for having me on

1242

00:57:48,470 --> 00:57:46,080

and it wasn't simplistic together sooner

1243

00:57:50,780 --> 00:57:48,480

I love you to produce a novel in fact my

1244

00:57:52,460 --> 00:57:50,790

spiritual being lavender soul if Memphis

1245

00:57:53,870 --> 00:57:52,470

of the members of the Memphis Symphony

1246

00:57:54,290 --> 00:57:53,880

Orchestra we're about to start writing a

1247

00:57:56,030 --> 00:57:54,300

new album

1248

00:57:57,590 --> 00:57:56,040

I'll try kicking it off everyone y'all

1249

00:58:02,090 --> 00:57:57,600

heard mr. Brian shut that out here on

1250

00:58:04,040 --> 00:58:02,100

the show that right everyone mr. bride

1251
00:58:05,540 --> 00:58:04,050
the heart is very dear friend of mine I

1252
00:58:06,980 --> 00:58:05,550
love this guy I love this guy

1253
00:58:10,370 --> 00:58:06,990
next week incentive light radio

1254
00:58:13,670 --> 00:58:10,380
microwave illuzzi eight world renowned

1255
00:58:15,950 --> 00:58:13,680
law of attraction future guy is on fight

1256
00:58:17,690 --> 00:58:15,960
look forward to seeing you remember me

1257
00:58:19,670 --> 00:58:17,700
lay down at night you have nothing to do

1258
00:58:21,920 --> 00:58:19,680
breathe breathe breathe like you want

1259
00:58:23,960 --> 00:58:21,930
something beyond dear Lord that you've

1260
00:58:24,830 --> 00:58:23,970
ever experienced in life you set up that

1261
00:58:26,990 --> 00:58:24,840
kind of attention

1262
00:58:31,130 --> 00:58:27,000
that's absurd in that fashion to reach

1263
00:58:36,080 --> 00:58:33,500

and a deafening profound silence that

1264

00:58:39,190 --> 00:58:36,090

has everything not only that you've ever

1265

00:58:43,130 --> 00:58:39,200

wanted look everything that you are